

Activities Tuesday afternoon/evening

Subscription on lists at the registration on Monday 16/3

Welcome to an Irish Concert!

Don't miss the opportunity to see the Music School (upper level students) and Plastic Daddy perform together with a dance group.

The concert starts 7 pm (19.00) in Kristinehallen, please be there at 18.45!

Prices: Students 40 SEK.

Adults (over 20 years) pay 125 SEK (with Dalakortet 100 SEK).

Contact person: Maria Hallberg
maria.hallberg@falufri.se

Guided tour in the centre of Falun

A guide from Dalarna's Museum will take you on a guided walk in the city centre of Falun, and tell you exciting stories from past and present.

The walk starts outside Dalarna's Museum, Stigaregatan 2-4, at a quarter to 4 pm (15.45) and is about one hour long.

Price: 30 SEK, which will be payed on Monday morning when you sign up for the city tour. The tour will be arranged if there are at least 10 persons listed.

Contact person: Lisa Numan
lisa.numan@falufri.se

Welcome to visit Falun Copper Mine!

One-hour tour of the mine with a guide. Follow the exciting new route into the underground. Experience a world of winding steps, huge underground chambers and impressive sunk shafts, not to mention a magnificent view of the Great Pit. The new entrance to the mine was opened to the general public in spring 2007.

Dress: sturdy shoes or wellingtons are recommended. Helmets and rain capes available on loan. It's possible to hire wellingtons (20 SEK).

The tour starts at a quarter past 4 pm (16.15) at the World Heritage entrance centre

Price: 30 skr

Contact person: Malin Roms
malin.romsi@falufri.se

Enjoy the snow!

What to do? Go down a snowy hillside on a little sledge. Does it cost anything? NO

What do you need? Warm clothes, gloves, a hat, good shoes for outdoor activities, you might get wet!

Where? We meet at school and continue to Åsbobacken (we'll give further details later)

Contact person: Björn Borgström
bjorn.borgstrom@falufri.se

Work out or spinning - and sauna

Would you like a training session in the afternoon? Join a group at "Friskis och Svettis", Slaggatan 21, just down the street from Falu Frigymnasium).

You can choose between ...

- a work out session at 16.30-17.30 (be there at 4 pm!),
- a spinning session (biking to music on a training bike (5)) at 17.15-18.15 (be there at a quarter to 5)!
- training in the gym.

Dress: training shorts and t-shirt and INDOOR shoes (outdoor shoes are not allowed). You also need to bring a towel and other things for the shower after the session.

Cost: 35 SEK to be payed at the reception desk at Friskis och Svettis half an hour before the sessions starts.

After the training session you can use the large sauna and relax for a while.

Contact person: Åsa Gårdbro
asa.gardbro@falufri.se

